

Creating a Domestic Violence and Sexual Assault Resource Sheet:

Call your local programs and find out what services offered:

- Crisis hotline
- Individual counseling
- Case management
- Support groups
- Emergency shelter (Are children allowed? What ages? Boys and girls?)
- Transitional housing
- Housing advocacy
- Transportation vouchers
- Legal advocacy- police & court accompaniment, restraining order assistance, law clinics
- Hospital accompaniment (for sexual assault exams)
- Court-mandated counseling programs (parenting, batterer's intervention)
- Counseling for child witnesses to violence
- Services for adolescents
- Services for LGBT community
- On-site health services
- Community education/outreach
- Children's programming offered?
- Other:

What languages are spoken?

Do they have any other culturally specific programs?

Are they near public transit or do they offer transportation services?

Is there any cost for services?

Are there evening hours?

Are there any restrictions for receiving services (sobriety, active restraining order, etc.)?

Do they currently, or would they be willing to provide training to community members?

Ask if there is anything else you should know about their services and explain why you are calling.

Identify a key contact for your work and for the family planning or home visitors you are training.