#### Conducting a Thoughtful Needs Assessment:

### A Comprehensive Approach to Program Design for Adult and Children Survivors of DV

#### **Presenters:**

- Mercedes Muñoz, Idaho Coalition Against Sexual and Domestic Violence
- Melissa Ruth, Idaho Coalition Against Sexual and Domestic Violence
- Carolyn Coiner, Kansas Coalition Against Sexual and Domestic Violence
- Kathy Ray, Kansas Coalition Against Sexual and Domestic Violence
- Eleanor Lyon, Consultant, Futures Without Violence

### Welcome to the Webinar

We will begin at 11:00am (PT) / 2:00pm (ET).

A recording will be available after the webinar.

#### Please introduce yourself.

Your line will be muted to cut down on background interference so please use the chat box to share your name, your organization, your location and any questions you have for our speaker or moderator.



### How to use this technology

- You can choose to connect via computer OR via telephone.
  - Should you choose computer, please mute your computer microphone to avoid feedback.
  - Should you choose to dial in, please follow the audio instructions on the screen or in the audio pop up:
    - Dial: 1-800-832-0736
    - Enter the Conference Room Number: 7404927
  - For Adobe Tech Support, please dial:1-800-422-3623
- There will be time for Q & A at the end of the presentation.
- Please enter any questions you have in the Public Text Chat box.
- A recording and PDF slides will be available after the webinar.



# Promising Futures: National Capacity Building Center to Expand Services for Children, Youth, and Abused Parents Impacted by Domestic Violence



#### Website includes information on:

- Resources for DV programs/Advocates to enhance children's programming
- Capacity building resources
- Bridging research with practice
- Interventions for children and youth
- Trauma-informed strategies
- Practical tools and resources

FUTURES Provides Free Training and Technical Assistance

- Promising Futures: <a href="https://www.promisingfutureswithoutviolence.org">www.promisingfutureswithoutviolence.org</a>
- DVRN: www.nrcdv.org/dvrn/
- Upcoming and past webinars:
  www.futureswithoutviolence.org



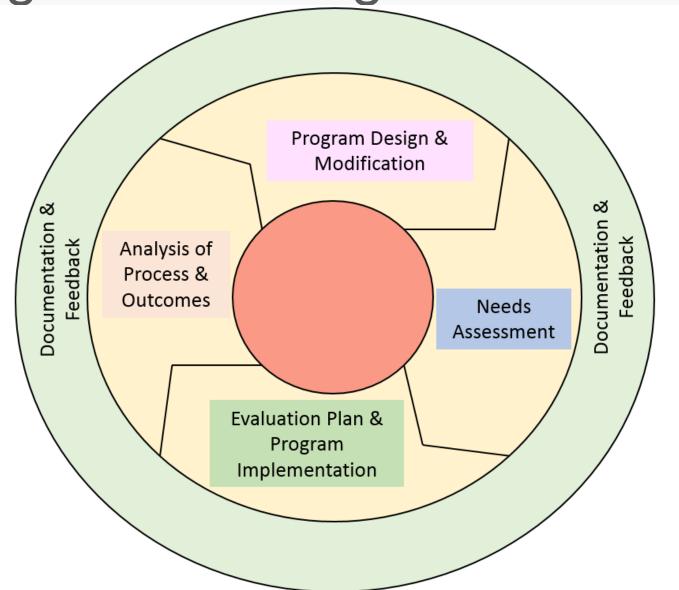
## Specialized Services for Abused Parents and their Children

- Boston Medical Center, MA
- Cook Inlet Tribal Council, Inc., MA
- Domestic Violence Action Center, HI
- Durham County Department of Social Services, NC
- Foothill Family, CA
- Idaho Coalition Against Sexual & Domestic Violence, ID
- Kansas Coalition Against Sexual and Domestic Violence, KS

- Maine Behavioral Healthcare, ME
- Mountain Comprehensive Care Center, KY
- SouthEast Alaska Regional Health Consortium, AK
- Texas Council on Family Violence, TX
- The SAFE Alliance, TX



Program Planning and Evaluation



### Needs Assessment Questions

- What needs are being met/not?
- What are important issues involved?
- What resources exist?
  - Knowledge
  - Ability
  - Interests
  - Approaches
- How can gaps be filled?

### Needs Assessment Strategies

- Stories
- Interviews—individual or group
- Photos/videos
- Surveys
- Program documents/records
- Community documents/records
- Stakeholders
- Existing data sets

## Idaho Thriving Families

Mercedes Muñoz & Melissa Ruth



#### Changes We Seek in the World

Compassionate communities with social equity and liberation for all human beings, where we see our own and each other's full humanity and everyone has the ability to thrive and fulfill their potential. Our dominant social narrative is one of acceptance, cooperation, and sustainability.



#### **North Star**

Liberation for the Last Girl

> Communities differ and concur along conservative values, religion, politics, economics, Infrastructure, resources, geography,

and beliefs of

individualism vs. collectivism

Center Solutions on the Last Gir Program and organizational membership are heterogenous, serve diverse populations, and are essential partners

Our Context

Multiple governmental, nongovernmental and global systems intersect with our focus of change

Strategies to Influence Soci

Create Social Norms to Interrupt the Root Causes extraction is manifested

Enhance Capacity in Prevention & Response Girls and women and people who are gender oppressed at risk of or impacted by gender violence. Youth and young adults.

**Our Focus** 

intersecting systemic oppressions that create the conditions for gender violence

Mobilize Movement Current social, economic, and ecological disruption provides an opportunity for bold social change

Our Issue

Gender violence fueled by multiple, intersecting systemic oppressions.

#### Compassion

We see each other's full humanity with love and kindness, and intentionally turn toward others to end violence and oppression.

#### Mutuality

We understand our interconnection and interdependence, and the importance of authentic relationships with one another and our earth.

#### **Our Values**

Lead Boldly

We cultivate an appetite for risk-taking, openness to possibilities, and going into the unknown.

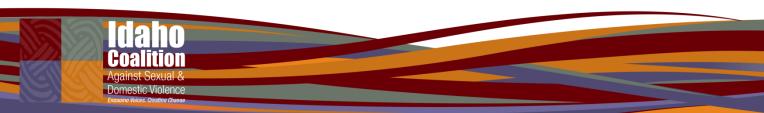
#### Social Equity

We stand with marginalized communities to amplify voices and histories to achieve equity and shared power.

#### Collective Liberation

We move forward together knowing our collective humanity is connected to the liberation of the most marginalized person in our community, the last girl.





**Organizational Culture** 

Perfectionism

Sense of Urgency

**Defensiveness** 

Worship of Written Word

**Paternalism** 

Either/or Thinking

**Quantity over Quality** 

Power Hoarding

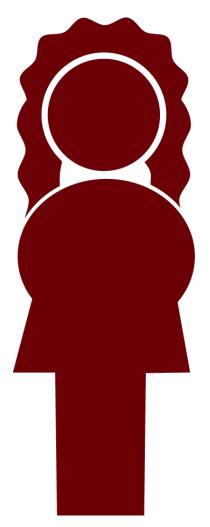
Fear of Open Conflict

Individualism

Progress means Bigger, More

Illusion of Objectivity

Right to Comfort





### Mothers' Wisdom-Dinner & Conversation

We invite Latina Mothers who have experienced abuse or violence to talk about what support they hoped for, and what was helpful or not helpful to them and their children. Your voice can improve community services by helping us better understand the needs of Latina mothers and their children.

Please join us for dinner and conversation facilitated by bilingual staff of the Idaho coalition. Against Sexual and Domestic. Violence. No names are collected and service providers will not be present. Questions will not be about personal histories. Thank you for helping us build a stronger community of support for Latina Mothers and their children!

#### Additional Details

- Free dinner for moms and children. Free childcare.
- \$25 gift card for your participation plus door prizes!
- English and Spanish welcome.
- Mothers are asked to respect privacy by not sharing who attended or what was shared in the group.
- Please let us know if you will join us and ages of children who need childcare.
- Transportation assistance available.

#### Date and Time:

Location:

Call or email to sign-up:





### Speak Out, Be Heard!

If you have lived in a home where your mom or another caregiver was hurt or abused, you know a lot about what might be helpful - or not helpful - for children, teens, and families who are facing these challenges.

Let's share ideas over FREE dinner. Your knowledge and lived experience can help shape services for others who've faced similar challenges.



Free dinner and drinks, and \$25 gift card for your participation!

No names or family details are collected. Bilingual staff (English and Spanish) from the Idaho Coalition Against Sexual and Domestic Violence will help guide the conversation.

Let us know if you are coming and if you need transportation!

Date:

Time:

Location:

Please text, call or email:

You can make a difference in your community!





### **Promising Practices**





Meaningful Engagement with Community.

- Listen
- Include
- Remove barriers



### **Themes, Priorities**

**Know Thyself!** 

Small changes matter – as long as they're meaningful!

Be intentional.

Revisit, Reflect, Refine







## **Next on our Path**



### **Empowered Families Kansas Project**

Kansas Coalition Against Sexual and Domestic Violence

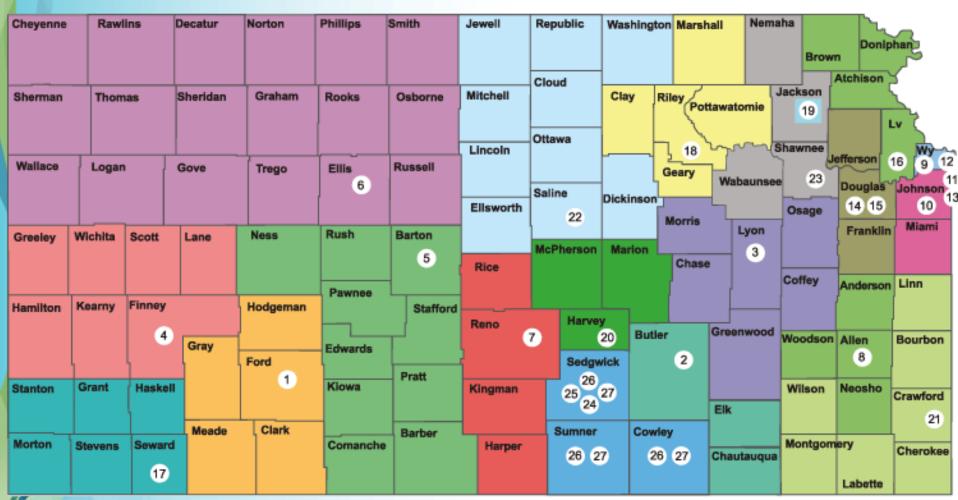
Presented by:

Carolyn Coiner, KCSDV Child & Youth Projects Manager Kathy Ray, KCSDV Director of Advocacy & Education



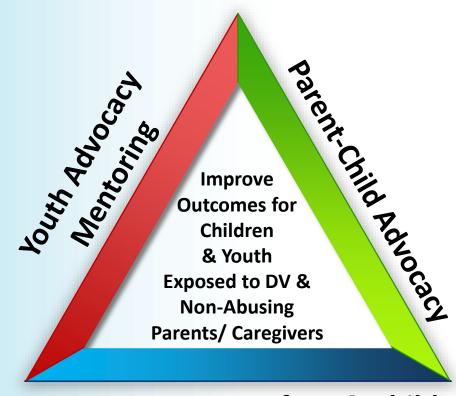
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### **Kansas Overview**





### **Empowered Families Kansas Project**



Co-Occurrence of DV & Child Welfare/ Child Protective Services

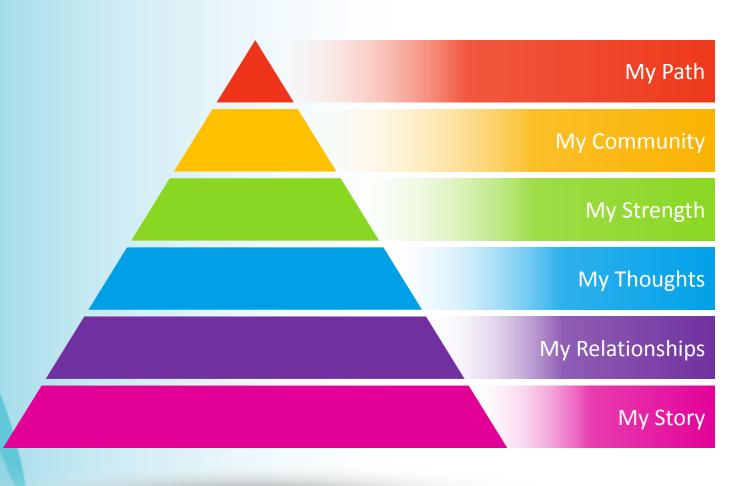


### What We Knew

- Decline of enhanced services
- Capacity issues
- Meeting basic needs
- Survivors' decision-making and children
- Young people, domestic violence, and dating violence
- Parent-child relationships
- Anecdotal stories of child welfare system

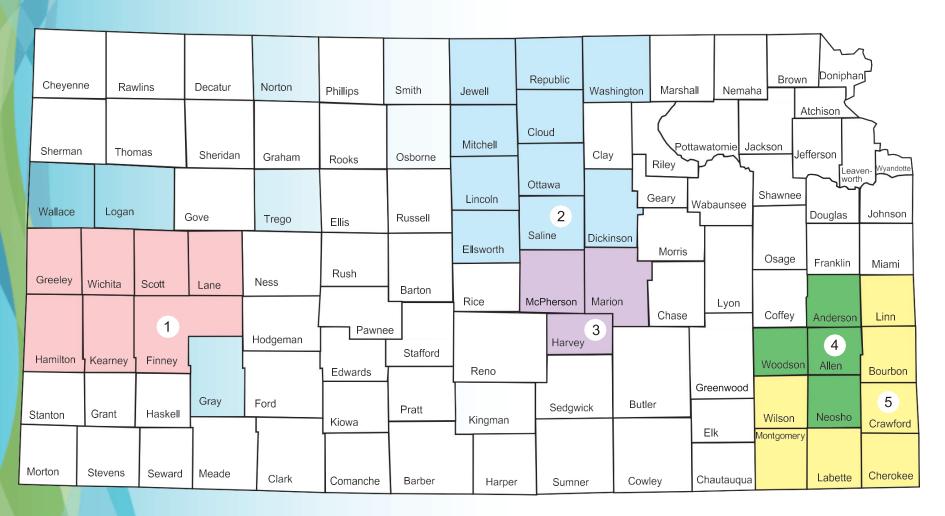


### **Project Values & Foundation**





#### **YOUTH ADVOCACY MENTORING PROJECTS SITES**





- 2 DVACK, Inc. Salina, KS
- 3 Safehope Newton, KS
- 4 Hope Unlimited, Inc. Iola, KS
- 5 Safehouse Crisis Center, Inc. Pittsburg, KS



### **Needs Assessment Process**

- Interviews
- Listening sessions
- Surveys
- Self-Assessments



### What We Learned

- Youth in shelter settings
- Longer-term access to youth and parent/ caregiver
- Rebuilding relationships, bonds, and communication
- Lack of policies, procedures, guidance
- Lack of specialized training, collaboration
- Inconsistencies in response and practice

#### **Short-Term Outcomes**

Increase youth's perception of social support.

Increase youth's understanding of healthy & unhealthy dating relationships.

Increase youth's knowledge of social support via community/ social institutions.

Increase non-abusing parents'/ caregivers' understanding of safety planning related to youth's safety.

Improve communication of non-abusing parents/ caregivers & youth.

Increase non-abusing parents'/caregivers' understanding of impact of DV & child exposure to DV (CEDV) on youth.

Increase KS DV advocates' knowledge about impacts of CEDV.

Increase KS DV advocates' confidence in talking to survivors, children & youth about DV in their families.

Increase KS DV advocates' confidence in talking to youth about teen dating violence.

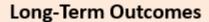
Increase KS DV advocates' talking to children & youth about way they can get help when they are scared.

Increase KS DV advocates' confidence in partnering with survivors on ways to protect children.

Increase child welfare professionals' understanding of DV.

Increase frequency & strength of child welfare professionals' collaboration with local DV agencies.

Improve service delivery for youth & their families impacted by DV.



Increase youth well-being & connectedness.

Improve service delivery for youth and their families impacted by domestic violence.

Increase children and youth's safety and permanency.

Improve service delivery for youth and their families impacted by domestic violence.



### **Getting Help with Domestic Violence**

- ➤ National Domestic Violence Hotline
  1-800-799-7233
- ➤ National Teen Dating Abuse Helpline
  1-866-331-9474
- National Sexual Assault Hotline (RAINN)
  1-800-656-4673

http://www.acf.hhs.gov/programs/fysb/resource/help-fv

Free and confidential help is available for victims of domestic violence 24 hours a day





### **FVPSA's National and Special Issue Resource Centers**

- ➤ National Health Resource Center on Domestic Violence (HRCDV) <u>www.futureswithoutviolence.org</u>
- ➤ Resource Center on Domestic Violence, Child Protection and Custody (RCDVCC) <a href="www.ncjfcj.org/dept/fvd">www.ncjfcj.org/dept/fvd</a>
- ➤ National Resource Center on Domestic Violence (NRCDV) www.nrcdv.org and www.vawnet.org
- ➤ Battered Women's Justice Project: Criminal and Civil Justice Center (BWJP) <a href="www.bwjp.org">www.bwjp.org</a>
- ➤ National Center on Domestic Violence, Trauma, and Mental Health (NCDVTMH) <a href="https://www.nationalcenterdvtraumamh.org">www.nationalcenterdvtraumamh.org</a>



### **FVPSA's Culturally Specific Special Issue Resource Centers**

- ➤ National Indigenous Women's Resource Center www.niwrc.org
- Asian Pacific Institute on Gender-Based Violence (API-GBV) www.api-gbv.org
- ➤ Institute on Domestic Violence in the African American Community (IDVAAC) <a href="www.idvaac.org">www.idvaac.org</a>
- ➤ National Latina Network for Healthy Families and Communities
  - Casa de Esperanza www.casadeesperanza.org
- ➤ Ujima, Inc. <u>www.ujimacommunity.org</u>



### **FVPSA's Institutes and Capacity-Building Centers**

- ➤ National LGBTQ Institute on Intimate Partner Violence
  - Northwest Network of Bi, Trans, Lesbian, and Gay Survivors of Abuse <a href="www.lgbtqipv.org">www.lgbtqipv.org</a>
- ➤ Capacity Center to Expand Services to Children, Youth, and Abused Parents (ESCYAP) <a href="https://www.promisingfutureswithoutviolence.org">www.promisingfutureswithoutviolence.org</a>
- ➤ Capacity Technical Assistance Project
  - National Network to End Domestic Violence www.nnedv.org





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Please take a moment to take a short survey regarding today's webinar and future webinars.

### https://www.surveymonkey.com/r/DYDMWZB

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